

Lisa Shelley de Brauw
Birth & Postpartum Doula
(DONA trained)
Birth Doula Contract

Expected due date: ____/____/____

Hospital/Home for birth: _____

Doctor/Midwife: _____

Address: _____

Services Provided

My services include two prenatal visits, assistance during labor, and one postnatal visit.

During prenatal visits, I can provide parents-to-be with resources, including referrals for prenatal assistance ranging from acupuncture to yoga, birth plan assistance, and a postpartum meal plan. I am on-call availability from the 37th week of pregnancy through the 42nd week of pregnancy and do my best to be available should your labor begin prior to the 37th week.

Throughout the stages of labor, I can provide support during early labor starting in the comfort of your own home until the delivery at your chosen place of birth. Labor can be a tiring process for both mom and significant other. I am there to provide you with knowledge, comfort, confidence, and a gentle hand. After delivery, the doula stays with the mom and baby to assist with breastfeeding, if that is her feeding method of choice.

The postpartum visit is a follow-up to see how you and your family are recovering. This visit occurs during the first 8 weeks after delivery.

If you choose to utilize less visiting or care, all rates will still apply.

Services NOT provided by a birth doula

- Birth doulas do not deliver babies.
- Birth doulas do not perform medical or nursing tasks such as vaginal exams, diagnosing, blood pressure readings, fetal heart auscultation, or medication distribution.
- Birth doulas do not make decisions for you. We do our best at researching information through reliable sources and providing you with our findings so that you may make an informed decision. We will always credit our source.
- Birth doulas do not speak for you. We are advocates that encourage the mother and partner to speak up for their self. Birth doulas are there to discuss your concerns with and suggest options.

Failure to provide services

By signing this contract you have agreed to hire Lisa Shelley de Brauw as your birth doula. She will make every effort to provide all of the services described in this contract. If she is properly contacted and fails to attend the birth of your child/children and a back-up doula is not provided, all fees minus \$75 per each prenatal visit will be reimbursed.

Fees are not reimbursed if the client does not properly contact the doula, decides not to have the doula present during labor and delivery, delayed contacting doula so that she does not have time to arrive, birth plan changes, and/or decides to cancel services within 6 weeks of estimated due date.

It is the client’s responsibility to contact the doula in the appropriate amount of time to attend the birth. The client is responsible in communicating with the doula and receiving confirmation that the doula is notified.

Cancellation Policy

If you cancel services more than 6 weeks before your due date, we will retain \$150 and \$75 per visit we had with you. You may use the remainder for postpartum care, or if you choose, we will refund it within 30 days. Cancellation less than 6 weeks before your due date will result in no refunds.

Medical Circumstances

Doulas continue to be helpful during cesareans by providing labor support, support during the cesarean and postpartum support. If your hospital does not permit a doula in the delivery room the doula can still provide labor support and postpartum support.

If your labor is less than 3 hours and the doula is unable to attend due to a precipitous labor or a planned cesarean is scheduled for a hospital that does not allow a doula to attend and you have decided not to utilize pre-cesarean and postpartum care, the doula will retain \$200 and \$75 per each prenatal visit and reimburse the remaining balance. You may choose to apply your remaining balance towards postpartum doula care.

Mother’s signature: _____

Date: _____

Partner’s signature: _____

Date: _____

Doula’s signature: _____

Date: _____